

No. 4:

- Think about your prayers and their content – how honest are you, when talking to God?
- Other than your accountability partner, do you have a friend or friends who you can spend your free time with?

Assignment: Start speaking honestly with God and people.

Ecclesiastes 4/10: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.